

# North Pine Area Hospital District

## “Ensuring Local Access to Quality Health Care”

Board of Directors Meeting  
January 28, 2020

### CALL TO ORDER

Ron Osladil, Chair, called the regular meeting of the North Pine Area Hospital District (NPAHD) to order at 6:30 p.m. on Tuesday, January 28, 2019 in the EH Sandstone Classroom.

### PLEDGE OF ALLEGIANCE

Osladil led the board and other attendees in reciting the pledge of allegiance.

### ROLL CALL

Board members present: Andrew Degerstrom-Hanley (City of Askov), Barb Fischer (Danforth Township), Larry Johnson (District at Large), Gary Klein (Hinckley Township), Linda Kvasnicka (Park Township), Brenda Langseth-Perrault (Dell Grove Township), Myrna Nelson (Partridge Township), Wayne Oak (City of Sandstone), Bill Olson (Pine Lake Township), Keith Osgood (City of Hinckley), Ron Osladil (Finlayson Township)

Board members absent: Catherine Colsrud, Chris Ketchmark, Fran Levings, Dennis Liebelt, Edith “Dode” Molgaard, Curt Nelson, and Steve Nelson.

Others attending: Chris Olson (NPAHD Admin. Director), Michael Hedrix (Essentia), Scott Nigon (Essentia), Steve Schmidt (NPAHD Accountant), Kris Sundberg (The Links Group), and Oliver Dykstra (Pine County Courier)

### APPROVE AGENDA

Osladil called for a motion to approve the agenda. Motion Klein. Second Kvasnicka. Motion carried.

### APPROVE NOVEMBER 26, 2019 MINUTES

Osladil called for a motion to approve the minutes from November 26, 2019. Motion Klein. Second Kvasnicka. Motion carried.

### CHAIRPERSON REPORT

Osladil stated he attended the winter conference for the Minnesota Hospital Association, however he was called away for a funeral on Saturday so he was unable to attend the individual workshops, which are always so pertinent and informative. He did attend on Friday evening and Sunday morning and heard the speakers which were of a more motivational, educational or political nature. Osladil reports they stated there were changes coming, however, they never give too much information because the sessions have not started yet. The slant of the conference was dealing with the concerns which we have addressed many times on this board and that is mental health. Osladil stated we will be hearing a lot more on this issue in the coming months from all different areas of Minnesota Government.

### FINANCE REPORT

Financial Statements for the months ending November 30, 2019 and December 31, 2019 were distributed to all directors. Due to the fact there are two months of reporting to approve this month (there was no meeting held in December) the November report was emailed or mailed to all board

members to review prior to the meeting with the directions to bring any questions to tonight's meeting. Schmidt called for any questions on the November financial report. Hearing none, Osladil stated he could proceed with the December financial report and he would call for a motion to approve both reports at the same time. Steve Schmidt reported on the December financial statements and made note of the current profit and loss budget, balance sheet and transactions. Schmidt addressed all questions. Osladil called for a motion to approve both the November and December financial reports. Motion Klein. Second Osgood. Motion carried.

### COMMUNICATION UPDATE

#### City and Township Meeting Report

Sundberg reports a visit was paid to the Rutledge City Council meeting in January by Osladil, Levings, and Sundberg to discuss the purpose and history of the Hospital District and ultimately invite them to become part of the district. The representatives were well received and there were several questions followed by sincere interest. Sundberg will follow up to assist Rutledge if they should decide to proceed.

Sundberg and Levings also visited Wilma Township and were well received with good discussion. They had great feedback regarding the new hospital. They have decided to put it to a vote at the annual meeting in March. They asked that someone from the district be there to answer any questions. Kris Sundberg plans to attend.

Upcoming visits have been scheduled with Kettle River Township and Bremen Township. Updates will be forthcoming.

#### Transportation Report

The survey was distributed and completed. There was response from 102 persons. Eighty two of them were from the Hospital District communities. Seventy reported they would utilize a service for medical appointments, seventy stated they would go to Sandstone for various reasons, nineteen report they would never use it. Wednesday was the preferred day to offer service.

The transportation committee met a couple weeks ago and they are exploring a starter route with one day a week for an 8 hour day with a couple options of which communities to include. Arrowhead Transit would be the provider of the vehicles. Mayor Spartz felt it would need a two year pilot commitment to assess the value of this program. Best guess at what this would cost is approximately \$22,000 per year. If this program were to get launched on a trial basis MnDot would also need to get involved. A comment was made regarding the Hospital District funding this program and Sundberg assured the committee if this project were to go forward the Hospital District would be looking for this to be a shared project.

#### Fact Sheet

Sundberg reports she is finalizing the Fact Sheet and will bring it to the executive committee so they can review and make any changes. The Fact Sheet will then be available for everyone to bring to their city and township council meetings.

She will get to the website to update and she is planning to go back to the research regarding the billboard. Sundberg also suggests the board look at undergoing a brand refresh. She states we need to assess if the current brand reflect who we are today?

### FINANCE COMMITTEE REPORT

Olson stated he wanted to start tonight's report by informing the Hospital District of a change happening on the Finance Committee. Linda Kvasnicka has given her resignation and Barb Fischer has agreed to come on the committee. The board thanks Linda for her years of service on this committee and welcomes Barb. Bill made a motion to assign Barb Fischer to the finance committee as Linda's replacement. Second Klein. Motion carried.

Olson reports he has received the first audit draft as of yesterday. He has looked it over briefly and did not see many changes from what we have seen in the past. Based on the agenda items we have coming in February he believes it would be in our best interest to review the audit report at the March meeting for approval. The finance committee will be looking over the audit at this month's meeting (February 18, 2020) and Olson believes Steve Schmidt will be able to present the audit rather than having a representative from Althoff & Nordquist come to the meeting.

Olson also mentioned the finance committee is looking at the loan program investigating what that would mean from a management standpoint. Their recommendation concerning it will be forthcoming.

#### CONSTRUCTION COMMITTEE

Klein reports that everything is pretty well done regarding the construction of the Admin/Ambulance Building. Gary reports the living quarters for the emergency personnel is really something to see. The ambulance crews are very impressed with the final outcome. He recommends everyone take the opportunity to go over and tour it. **A tour has been set for next month prior to the monthly board meeting. It is set for 5:45 p.m. at the ambulance building. Anyone wanting to take the tour please arrive promptly, as our normal meeting will commence at 6:30 p.m.**

#### GOVERNANCE COMMITTEE

Fischer reports the Governance Committee will be experiencing a big slow down for previous months, however, she and Sundberg are going to meet to put together some "Aides and Documentation" for Ron to use for orientation for new members. Going forward there will be a quarterly meeting just to make sure the Hospital District is following all the governance pieces that need to be followed.

#### STRATEGIC PLAN SUBCOMMITTEE'S

Gary Klein, Health Care Needs Committee, reports the committee is at a standstill as they have not had the opportunity to meet with anyone from the ambulance crew and they are also awaiting word as to whether Essentia is willing to fill out the Grant Application which was created for the NPAHD to use in the distribution of financial requests.

Kris Sundberg, Health Care Services Growth Committee, reports their committee meeting got cancelled so there is nothing new to report. A representative from Family Pathways Food Shelf is scheduled to attend the next meeting.

#### PINE MEDICAL CENTER REPORT

Michael Hedrix reports the Essentia Health Foundation representatives will be coming down to provide some education on the foundation at the February meeting. This was requested by the Hospital District Board prior to the end of last year.

Hedrix presented an overview of what is happening with Essentia.

#### Financial

Essentia Health-Sandstone's second quarter FY20 ending in December 2019 remains strong: YTD Gross Revenue is up 2.8% favorable to budget and 12.3% above prior year. After contract adjustments, bad debt and charity care, EHS's YTD Net Revenue is above budget by 0.50%, while YTD operating expenses are a favorable -1.3% below budget, resulting in a YTD operating margin of \$877,743, which is \$187,929 favorable to budget.

These numbers are strong and the infusion center has played a significant part in the financial success.

#### Outreach Services

Essentia has outreach services in Interventional Procedures and Pain Injections, Oncology, Pulmonology, Pneumatology, Sleep Medicine, Vascular, and Vein.

#### Recent Equipment Purchases

Upgraded Ventilator which provides mechanical ventilation by moving breathable air in and out of lungs for patients who are physically unable to breathe or are breathing insufficiently. Cost \$19,387.

Upgraded Bladder Scanner which reduces unnecessary urinary catheterization which lowers the risk of catheter associated urinary tract infections. Cost \$10,639.

New C-Mac machine which is a laryngoscope device which assists with intubation. Cost \$40,407.

New stretcher with a scale. Cost \$11,689.

#### Rehabilitation Services

Essentia-Sandstone has very active rehabilitation services in Occupational Therapy, Physical Therapy, and Speech-Language Therapy. The rehabilitation services department is staffed by five team members. A flyer was provided to the Hospital District Board outlining the extensive services in each of the therapy groups.

#### EMS Annual Report

Hedrix followed the Essentia Overview with a PowerPoint presentation on the past year of Emergency Medical Services by the ambulance department. The presentation is presented yearly to the Pine County Board of Commissioners and the NPAHD Directors were most interested and grateful for the extensive, interesting, information provided.

#### OLD BUSINESS

There was no old business.

#### NEW BUSINESS

There was no new business.

#### NEXT MEETING

The next NPAHD general board meeting is scheduled for February 25, 2020.

#### ADJOURN

Motion Osgood, second Olson, to adjourn the meeting at 7:45 p.m. Motion carried.

Submitted by Brenda Langseth-Perrault, Board Secretary \_\_\_\_\_